



[YOGAZEBO](#) | 7355 HALL RD | DAVISBURG, MI 48350 | 248.390.9569 | WWW.J-LIVING.COM

YOGA & SOUND

BREATH, MOVEMENT, KUNDALINI YOGA, & A GONG IMMERSION

IN ADVANCE

SATURDAY, APRIL 21

AT DOOR

\$25

3-5 PM

\$30

IN OUR FAST-PACED LIVES, FILLED WITH FREQUENT CHANGES, WE ARE ALL MANIPULATED BY SOUND VIBRATIONS THROUGH RADIO, TELEVISION & CONSTANT NOISE EVERYWHERE. THE YOGIC RESPONSE IS TO BECOME AWARE OF HOW SOUND AFFECTS US, & TO DEVELOP WAYS TO USE SOUND TO IMPROVE OUR HEALTH & OUR WORLD.



JULES INVITES YOU TO THIS SPECIAL EVENT, FEATURING VALERIE WEIR & DALE PRENTISS, TEACHERS & SOUND HEALERS WHO STUDIED UNDER YOGI BHAJAN & OTHER TEACHERS OF NAAD (SOUND) YOGA.

THE SOUNDS OF THE COSMOS ARE SPIRITUAL PHARMACEUTICALS